

## University of Arkansas University Recreation + Wellness (UREC)

# Lifestyles Membership Eligibility Guidelines

### **Membership Eligibility**

All participants taking part in the Lifestyles program within the University of Arkansas are eligible to purchase a UREC membership. Lifestyles participants must be accompanied by a Lifestyles Personnel Member and present University of Arkansas ID Card showing Lifestyles affiliation upon purchasing the membership. Lifestyles participants can visit the Membership Office during office hours to purchase the membership.

- Please see our website (<https://urec.uark.edu>) for current prices.

### **Family Member Eligibility**

Family memberships are not available for spouses/partners or children. This UREC membership is granted through an outside department, and a family membership is not included in the promotional plan.

### **Facility Access**

Members must obtain a University of Arkansas ID card from the Campus Card Office. The Campus Card Office is located on the 4<sup>th</sup> floor of the Arkansas Union. All members must present a UA ID or UREC App barcode upon entering UREC facilities.

A UREC membership provides access to:

- HPER Building
- UREC Fitness Center (ARKU location)
- UREC Sports Complex
- UREC Tennis Center
- Group Fitness Program - The membership allows unlimited attendance to all Group Fitness, Group Cycle, and Mind/Body classes for the semester.
- Guest Pass at \$10.00, with a limit of three (3) guests per visit
- Intramural Eligibility – The membership does NOT allow registration for any intramural programs.

### **Member Services**

Members are eligible purchase lockers and towel service. Locker rental and towel service must correspond with the date of membership expiration.

### **Questions**

For membership information, contact the UREC membership office at 479-575-4646.