

# ***ACE Personal Training Prep Course Registration Packet Fall 2023***



## **Course Description and Format**

The Personal Trainer Prep Course is designed to prepare individuals to take the ACE Personal Trainer certification exam. This 10-week course provides curriculum and materials consisting of PowerPoint presentations, lectures, interactive group activities, and practical programming/training. The Prep Course does NOT certify individuals as personal trainers. Individuals wishing to become certified personal trainers must register separately for an ACE Personal Trainer certification exam at [www.acefitness.org](http://www.acefitness.org).

## **Course Information**

**Date/Time:** Tuesday afternoons from September 19<sup>th</sup> to December 7<sup>th</sup>, 3:30-5:30p

**Location:** HPER 318

**Cost:** \$50 for students, \$75 for members

**Eligibility Requirements:** The ACE Personal Trainer Prep Course is open to University of Arkansas students and UREC members.

## **Frequently Asked Questions**

**How much does the ACE Personal Trainer Certification Exam cost?** *The ACE Personal Trainer certification Exam will cost between \$219-\$249.*

**Where do I find ACE Personal Trainer Certification Exam locations and how do I register?** *Certification exam locations, dates, and registration can be found at [www.acefitness.org](http://www.acefitness.org).*

**What is required to be an UREC Personal Trainer?** *Individuals wishing to work as certified UREC Personal Trainers must (1) be current U of A students eligible to work in the United States, (2) hold a current personal trainer certification of one of the following ACE, ACSM, NSCA, NASM (3) complete successful interview and mock client training sessions with the UREC Fitness Graduate Assistant.*

*\*Completion of the ACE Personal Trainer Prep Course does not guarantee a job as a personal trainer for University Recreation. University Recreation will hire based on the needs of its personal training program at the time.*

**REGISTRATION INFORMATION**

Full Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age \_\_\_\_\_

Affiliation (check all that apply):     Student (  ) UREC Member

What is your estimated date of graduation? \_\_\_\_\_

What is your academic major? \_\_\_\_\_

What is your student ID #? \_\_\_\_\_

Current Mailing Address \_\_\_\_\_

\_\_\_\_\_

Cell phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

## **Refund Policy**

The Fitness/Wellness refund policy is as follows:

Two business days notification is required to cancel enrollment and receive a refund or transfer enrollment to another service. A \$25 administrative fee is charged if enrollment is cancelled. This fee will be assessed through \$25 less the amount of refund. If the participant does not attend the course in which they enrolled, or fails to cancel enrollment within 2 business days of the course, payment is forfeited.

If the ACE Prep Course is cancelled by UREC, participants will receive a full refund. If individual program sessions are cancelled due to instructor or facility conflicts, they will be made up at a later date. If participants cannot attend the make-up class sessions, those sessions are forfeited and refunds will not be received.

There may be consideration of refunds in the case of extenuating circumstances such as injury or illness. These will be considered on a case by case basis.

Note: The ACE Personal Trainer Prep Course does not include exam certification. ACE Personal Trainer certification exams require separate registration procedures. Refunds will not be issued for failure to take or pass the ACE Personal Trainer exam.

I have read and understood the UREC refund policies regarding the ACE Personal Trainer Prep Course.

Signature \_\_\_\_\_ Date \_\_\_\_\_

\*Email completed application materials to the instructor at [Fitness@uark.edu](mailto:Fitness@uark.edu).

**QUESTIONS? Contact the instructor at [Fitness@uark.edu](mailto:Fitness@uark.edu).**