

# ***ACE Group Fitness Prep Course Registration Packet***



## ***Course Description and Format***

The Group Fitness Prep Course is designed to prepare individuals to take the ACE Group Fitness certification exam. This 10-week course provides curriculum and materials consisting of PowerPoint presentations, lectures, interactive group activities, and practical programming/training. The Prep Course does NOT certify individuals as personal trainers. Individuals wishing to become certified group fitness instructors must register separately for an ACE Group Fitness certification exam at [www.acefitness.org](http://www.acefitness.org).

**This course runs Thursdays, September 12 - November 17, 2022, 3:00-5:00PM.**

## ***Eligibility Requirements***

The ACE Group Fitness Prep Course is open to University of Arkansas students, UREC members and non-members.

## ***Cost***

Cost for the ACE Group Fitness Prep Course is \$50 for students, \$75 for UREC members. Cost includes all relevant course materials, including the ACE Group Fitness Manual 4th Edition.

## ***Frequently Asked Questions***

***How much does the ACE Group Fitness Certification Exam cost?*** *The ACE Group Fitness certification Exam costs \$199 for a first-time exam when you enroll in the prep course. Regularly \$249.00.*

***Where do I find ACE Group Fitness Certification Exam locations and how do I register?*** *Certification exam locations, dates, and registration can be found at [www.acefitness.org](http://www.acefitness.org).*

***What is required to be an UREC Group Fitness Instructor?*** *Individuals wishing to work as certified UREC Group Fitness Instructor must (1) be eligible to work in the United States, (2) hold a current group fitness certification or take the Group Fitness Prep Course (3) complete successful interview and mock client training sessions with the UREC Fitness & Wellness Team.*

*\*Completion of the ACE Group Fitness Prep Course does not guarantee a job as a group fitness instructor for University Recreation. University Recreation will hire based on the needs of its group fitness program at the time.*

## **REGISTRATION INFORMATION**

Full Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age \_\_\_\_\_ Sex: Male \_\_\_ Female \_\_\_

Affiliation (check all that apply):     Student     UREC member     Non-member

If student, what is your estimated date of graduation? \_\_\_\_\_

If student, what is your academic major? \_\_\_\_\_

If student, what is your student ID #? \_\_\_\_\_

Current Mailing Address \_\_\_\_\_

\_\_\_\_\_

Home Telephone number \_\_\_\_\_

Cell phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

## **Refund Policy**

The Fitness/Wellness refund policy is as follows:

Two business days notification is required to cancel enrollment and receive a refund or transfer enrollment to another service. A \$25 administrative fee is charged if enrollment is cancelled. This fee will be assessed through \$25 less the amount of refund. If the participant does not attend the course in which they enrolled, or fails to cancel enrollment within 2 business days of the course, payment is forfeited.

If the ACE Prep Course is cancelled by UREC, participants will receive a full refund. If individual program sessions are cancelled due to instructor or facility conflicts, they will be made up at a later date. If participants cannot attend the make-up class sessions, those sessions are forfeited and refunds will not be received.

There may be consideration of refunds in the case of extenuating circumstances such as injury or illness. These will be considered on a case by case basis.

Note: The ACE Group Fitness Prep Course does not include exam certification. ACE Group Fitness certification exams require separate registration procedures. Refunds will not be issued for failure to take or pass the ACE Group Fitness exam.

I have read and understood the UREC refund policies regarding the ACE Group Fitness Prep Course.

Signature \_\_\_\_\_ Date \_\_\_\_\_

\*Return completed application materials to HPER 225 Main Office.

**QUESTIONS? Contact Aryn Chambliss [atchambl@uark.edu](mailto:atchambl@uark.edu) or 479-575-6080.**