



Wellness Peer Educator

Department: University Recreation + Wellness (UREC), University of Arkansas - Fayetteville

Location: Pat Walker Health Center, Wellness Lounge (HLTH 2132)

Position Description:

A Wellness Peer Educator is a student who is specially trained to support the health and well-being of their fellow students. They are knowledgeable and approachable role models, sharing accurate health information, encouraging healthy choices, and fostering meaningful connections within the campus community. Through peer-led initiatives, they help others build the skills and confidence needed to make informed decisions about their personal and collective wellness. Wellness Peer Educators provide competent campus-wide awareness and education through workshops, outreach programs, and Wellness Hut pop-ups in alignment with the 8 dimensions of wellness.

This position will develop UA Career-Ready skills such as Communication, Professionalism, and Critical thinking.

Duties & Responsibilities:

Outreach Events, Programs & Workshops (60%)

- Assist in developing outreach programs and events including Wellness Hut pop-ups, tabling, and special events through conceptualization, planning, development, and implementation.
- Use motivational interviewing skills to facilitate and positively engage with participants at outreach programs and events; sharing knowledge about various wellness topics and campus resources.
- Lead workshops and discussions on various wellness-related topics for campus organizations and departments.
- Provide referrals and/or resources as needed when engaging with participants at outreach events, programs, and workshops.

Administrative (40%)

- Create content for outreach programs and events including tabling templates, event workbooks, and educational materials.
- Assist with data collection by tracking participant attendance and learning objectives at all outreach events, programs, and workshops.
- Develop and create content for social media templates.

Minimum Qualifications:

- Current University of Arkansas student, with completion of 1 semester at time of application

Preferred Qualifications:

- Experience articulating and educating on wellness
- Experience with outreach and engagement with peers.

Federal Work Study Requirement:

- Federal Work Study award preferred but not required.

Required License(s), Training, Certification(s), & Background Checks:

- NASPA Certified Peer Educator (UREC will provide an opportunity, if needed)
- Must possess Adult First Aid, CPR, and AED certification or be able to obtain certification within 40 days of hire (UREC will provide an opportunity, if needed)

Physical Activities Associated with this Position:

The following physical activities are associated with the position and will be performed with or without accommodation. All individuals are encouraged to apply.

- Light Work | If the use of force is greater than that for sedentary work and the worker sits most of the time, the job is rated for light work.
 - Hearing, talking- Constantly
 - Standing- Frequently
 - Crouching, feeling, manipulating items with fingers, grasping, kneeling, pushing, repetitive motion, sitting, walking- Occasionally

Visual Acuity:

- Employee is required to have visual acuity to determine the accuracy, neatness, and thoroughness of the work assigned or to make general observations of facilities or structures.

Compensation & Benefits:

- Wage Rate: \$12.00 per hour
- Student Affairs Wage Scale: Category 2

Hours and Schedule:

- The position is designed to be a 5-7 hours per week in person commitment.
- Weekly work hours vary and may include morning, evening, and weekend.

Employment Timeline:

- This position hires on an as needed basis.
- This position is eligible for up to 4+ years of continuous employment upon satisfactory performance and continued academic enrollment.

Supervision: Wellness Coordinator in University Recreation + Wellness

This job will provide experiences to develop the following UA Career-Ready Skills:

Communication | Professionalism | Critical Thinking

- **Ability to Use Oral Communication:** Ability to effectively convey information and meaning through speech, that is, easy to understand, engaging and employs proper tone.
- **Ability to Use Written Communication:** Ability to effectively convey information and meaning through written mediums that is free from spelling and grammar errors, easy to understand, engaging to read and employs proper tone.
- **Ability to Demonstrate Dependability:** Act as a dependable, diligent member of a work environment by being present, prepared, responsible for your actions, behaviors, performance, and decisions and showing attention to detail
- **Ability to Display Situational Awareness:** Ability to gather information, anticipate needs, prioritize issues and set achievable goals in the workplace.
- **Ability to Build Relationships for Collaboration:** Ability to build strong, positive work relationships with colleagues, supervisors and customers and demonstrate agility to accomplish common goals.

Application Instructions and Required Document:

- Resume
- Application documents must be submitted in Workday
- Application deadline:

Equal Opportunity and Compliance: The University of Arkansas is an equal opportunity institution. The University does not discriminate in its education programs or activities (including in admission and employment) on the basis of any category or status protected by law, including age, race, color, national origin, disability, religion, protected veteran status, military service, genetic information, sex, sexual preference, or pregnancy. Federal law prohibits the University from discriminating on these bases. Questions or concerns about the application of Title IX, which prohibits discrimination on the basis of sex, may be sent to the University's Title IX Coordinator and to the U.S. Department of Education Office for Civil Rights.