

UREC OUTDOORS

Kayak Practice Sessions

When:

October 10th 6:00- 9:00pm

November 7th 6:00 – 9:00pm

Location: HPER Natatorium

Cost: \$5 student, \$10 member, \$15 non-member

Description:

Kayak Practice Sessions allow practice time in a controlled environment. Although there will be UREC Outdoors staff supervising it is important to understand that Kayak Practice Sessions are not a time for individual instruction. Our friendly staff are always willing to help or answer questions, but they are responsible for supervising the entire group. Participants must demonstrate a wet exit prior to being allowed in the pool with a whitewater kayak skirt.

Phone: 479-575-CAMP

Email: camp@uark.edu

Registration: <https://urecmembers.uark.edu/> or HPER 102

What to Bring:

- Towel
- Bathing Suit
- Change of Clothes
- Water
- Kayak/paddle/pfd/helmet if you own them

What We Provide:

- Kayaks
- PFD/life jacket
- Helmets
- Paddles
- Skirts