

# UREC OUTDOORS

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## Stand-Up Paddle Boarding

When: September 16, 9:00 am – 5:00 pm

Location: Beaver Lake

Registration Deadline: September 12, 6:00 pm

Trip registration and payment are due prior to the registration deadlines. Please let us know at the time of registration if you plan on bringing your own equipment.

Cost: - \$15 student, \$20 member

### Description:

Join UREC Outdoors for a day full of SUP-ing (Stand-Up Paddle boarding). We will spend the day playing on the waters of Beaver Lake. All levels of experience welcome.

### What to Bring:

- Dry clothes for after the river
  - Shoes you don't mind getting wet
  - Towel and Swimsuit
  - Sunscreen
  - Water bottle
  - ID and Insurance Info
- Optional Gear: Raincoat, Hat/Sunglasses, Goggles/Snorkel Gear

### What We Provide:

- Paddling Equipment
- Transportation
- Transportation insurance
- Meals during trip
- Instruction from trained UREC Outdoors Staff

Phone: 479-575-CAMP

Email: [camp@uark.edu](mailto:camp@uark.edu)

Registration: <https://urecmembers.uark.edu/> or HPER 102

