

UREC Outdoors Top Rope Assessment

CW – TR BELAY

Name (Print): _____ ID: _____ Date: _____

Staff must back-up belay throughout assessment. UREC Outdoors climbing wall assessments must be renewed annually.

IMPORTANT: This assessment is only recognized by University Recreation and in no way certifies or qualifies the belayer or climber for outdoor climbing. Additional training is required for these activities.

To successfully pass assessment, belayer must demonstrate competency in **all** areas. Comments may be given for further improvement or practicing when applicable. Demonstrating competency in an area requires understanding of action or method, along with the ability to correctly apply knowledge to various situations. This assessment grants top rope belay privileges only to the person named on this document, and no one else. Sharing of belay devices is prohibited.

I. Equipment- Inspection, Function, & Fit	Demonstrated Comp (Y / N)		Comments		Instructor Initials
Harness					
Carabiner					
Aperture or Assisted Braking (circle device being assessed)					
Helmet					
Shoes					
II. Knots – Properly Tied, Dressed, & Assessed	Demonstrated Comp. (Y / N)		Comments		Instructor Initials
Figure-8 follow-through (tail length, distance from harness)					
Double overhand					
III. Belaying	Aperture		Assisted Braking		Instructor Initials
Mark NA (Not Applicable) if device is not tested.	(Y / N)	Comments	(Y / N)	Comments	
Proper pre-climb rope set-up (use correct ends, system closed)					
Proper pre-climb belay device set-up					
PBUS: Pull, Brake, Under, Slide (brake hand never leaves rope)					
Lowering: smooth and uses two hands with aperture device					
Rope Management: Appropriate tension and demonstration					
IV. Communication – Exchange & Demonstration	Demonstrated Comp. (Y / N)		Comments		Instructor Initials
Initiation of verbal contract (OB/BO/C/CO)					
During: Take, Up Rope, Slack, Falling, Lowering					
Termination of verbal contract (OFF.B./B.OFF)					
V. Demonstration (using back up belay)	Demonstrated Comp (Y / N)		Comments		Instructor Initials
Awareness of climber and surroundings (swing factor)					
Belayer catches 1 announced and 2 unannounced falls					
Lower from top of the wall					
Proper handling of equipment					

Belayer's Signature: _____

Date: _____

Instructor's Printed Name: _____