

Club Sports – COVID-19 Response Plan – University of Arkansas Women’s Volleyball

Practices

- Practice will remain 2 days a week with each member only attending one practice.
 - We will keep a safe distance while not actively playing, wearing your face masks at all times, and constantly sanitizing hands and the balls before and after practice.
 - We are hoping to still have tryouts and go to tabling events with proper PPE, such as face masks and hand sanitizing frequently.
- Our 4 exec members (President, VP, Secretary, Treasurer) will be split into groups of 2 (President/Treasurer & VP/Secretary), each leading their day at practice.
- During practice, players will be divided up into groups to participate in drills together to reduce the amount of contact in practice.
 - Our Secretary will take attendance at every practice, and there will be fun rewards for coming.
- Everyone will be required to wear a face mask during practice as well as sanitize their hands upon entry and constantly throughout the practice.
- Student group travel has been banned until Spring 2021, so the Fall 2020 semester will consist of only practicing.
- We are often in close contact with each other at practices, during drills, time outs and water breaks. In order to uphold social distancing we will mandate that every player stay 6ft away from each other while in the gym and not actively practicing, the balls will be wiped down before and after practice with disinfectant wipes, and players will be asked to apply hand sanitizer upon entry into the gym and throughout the practice.
- To enforce social distancing during practice, we will require everyone to spread out their water bottles and bags before practice, to avoid any chance of exposure during water breaks.
- The members of exec (President, VP, Secretary, and Treasurer) will be in charge of wiping the balls down before and after the practice that they attend with disinfectant wipes as well as overseeing that everyone is following the rules (applying hand sanitizer, wearing mask, staying 6 feet apart).
- If a member breaks the rules we will first give a verbal warning and then every infraction after that will be decided on by our officers, according to the situation.

Recruiting/Retention

- We will first have a Zoom meeting about how the upcoming semester will go and then a document will be sent in our group message so they have a hard copy of our plan.
- We will continue to have themed practices to make the atmosphere feel semi normal, as well as staying well connected in our group messages.
- We will have everyone introduce themselves in the first practice and then have everyone send a little about me “poster” in the group message, so it’s easier to put names with faces.