

Club Sports – COVID-19 Response Plan – University of Arkansas Men's Volleyball

Practices

- A modified pod practice would involve the team limiting practices to people only per practice.
- By limiting practice to 14 people we would be able to easily enforce social distancing while still getting a full practice experience.
 - If we have only 12 people at practice, we would also be able to spread out successfully during all water breaks.
- Pods will be split into 2 groups of 7, one pod per each court, used for warm-ups and some drills.
 - The club president will assign pods prior to practice and will inform team members what pod they will be in for each practice.
- We plan to wear masks inside the HPER at all times while practicing and will bring sanitizing wipes to clean all volleyballs before and after practice.
- The team plans to have all players use hand sanitizer prior to starting every practice as well.
- The actual practice would operate like a normal practice even with using a pod practice approach.
 - We plan to put in place a sign in sheet at all practices so we can track all in-person attendance to practice. This way we can contact the correct people if any participating member has come in contact with Covid-19.
 - The check-in process will be overseen by the club president. The club president will have a printed off list and record the practice attendees personally by pen.
 - This will reduce the risk of spreading Covid-19, because only the president will need to touch a pen opposed to having every player record their attendance personally.

Competition

- The men's volleyball club does have a direct connection to two umbrella organizations, but neither of the organizations have planned competitions in the fall. Both organizations have tournaments planned for the spring semester.

Recruiting/Retention

- With reduced in-person interactions the team will utilize group messages and team will have bi-weekly team calls to socialize/communicate any concerns in a safe environment.
- New members will be put directly into all team group messages and virtual team bonding events.
- Onboarding will be completed prior to practice. The club will be sending out multiple text messages to all club members that will outline expectations and safety precautions the team will be taking to promote a safe playing experience.

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- Members will have the opportunity to message any concerns or additional safety measures they would like to see implemented to any officer.
- The team will use a two-strike policy for any member or officer that does not follow the approved school and club guidelines.
 - If a member violates 2 club rules, they will be required to be sit out from all club activities for two weeks before they can resume club activities.
 - Players will have the ability to submit violates to any club officer and the officers will have a master list to keep records of all strikes.
 - There will be a google doc that all officers have access to, and the officers will oversee updating the document with the player who committed the violation along with a brief description of the violation.
 - The two-strike system will be overseen by all officers to ensure all team members, including officers, are held responsible to follow club rules.
 - Players that receive a strike will be notified individually by one officer via text message or email. They will also be notified if they receive a suspension due to multiple violations and will be told when they can resume practicing with the team.
- At the moment there are no requirements that will need to be adjusted/suspended from an operational standpoint, but that is subject to change if necessary.
- Team members that decide to remain remote from campus all semester will remain in team group messages and be given team updates to stay involved even while being remote. They will be allowed to participate in any virtual team meetings as well to help ensure they feel in close connection with the team.