

Club Sports – COVID-19 Response Plan – University of Arkansas Men's Rugby

Practices/Competition

For modified pod practice we will implement a number max requirement for each drill that is being done. For example, passing drills or other technique drills will have a max of 10 people participating in each drill max. Our club does not require off-campus transportation for practices, and if the occasion arises that it does, we will most likely carpool as minimally as possible.

There will not be any contact drills throughout this semester to avoid unnecessary contact. Only contact we will make is one hand touch. The only shared equipment will be rugby balls and after each practice we will disinfect the balls by wiping them down with disinfectant wipes.

To maintain social distancing will be very hard because to properly play or practice rugby, one hand touch requires people to be close but it will minimize the amount of contact and time people are making contact with others, compared to doing real tackling drills or other contact drills.

Players will stay in the same pods throughout practice. The drills setup for the day will be by positions so players in their pods will be with them for the practice that day

Recruiting/Retention

- Recruitment will be conducted more through social media platforms
 - Also, we'll update posts more often
- Newest members will be added to group chats to build a sense of community with all the other guys by engaging in conversation and discussions with the team.